

RECREATING & COVID-19

KEEP YOUR DISTANCE

Give people who aren't members of your household six feet or more of space and please leash your dog.

STAY HOME

If you are not feeling fully healthy, have been exposed to COVID-19, or traveled from anywhere named in the Governor's Executive Order, please go home. **Do not risk the health of others.**

KEEP IT CHILL

Backcountry search and rescue operations require many emergency responders and now is not the time to put extra demands on our healthcare system. Please don't put them at risk and take them away from their ability to care for others. Plan your trip in a responsible way that minimizes risk.

STAY SAFE

Facilities like restrooms are currently closed and not being sanitized. Please use hand sanitizer and avoid surfaces that are touched often, such as doorknobs, handrails, and playground equipment. Practice **Leave No Trace** principles.

KNOW BEFORE YOU GO

Trails or other recreation facilities may be closed. Call or visit the location's website before you head out. Please visit **Trailfinder.info** to confirm that trails are open before you begin your trip. Remote shelters are not currently staffed or maintained.

WEAR A CLOTH MASK OR FACE COVERING

Anytime you know others may be present, you should have your mask on.

RECREATE IN VERMONT

Please stay within Vermont and only drive with members of your household. Out-of-state visitors are still being asked not to come to Vermont for recreational activities, or if they do, to self-quarantine for at least 14 days after arriving in Vermont before engaging in any activities.

For more information visit
[HEALTHVERMONT.GOV/COVID](https://healthvermont.gov/covid)

